



LIFT THE LID BALL

Saturday 2nd June, 7pm

Brisbane Convention and Exhibition Centre, South Brisbane

Tickets on Sale: 20th April

\$95/head; \$75/students

Tickets include:

drink & canapés on arrival |
two-course dinner | tea/coffee
| Cash Bar

For further information contact:
www.rotaryclubofbrisanemidcity.org

Australian Rotary Health
www.australianrotaryhealth.org.au

In support of Mental Health Research

Prizes for Best Headwear | Best costumes

No Hat, No Entry

Event Hats available for purchase

Sponsors & Prize Donors:

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STRATUS FINANCIAL GROUP

SENSE OF TASTE, PORTSIDE

WORKSHOP 14, HAMILTON HARBOUR

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Rotary 
Club of Brisbane Mid-City

Proudly supported by our Major Sponsor:

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CENTRE

Is there a Mental Health Crisis?

The Australian Bureau of Statistics data, gathered over the last ten years, indicates startling detail about the relationships between mental illness and disability burden on society in terms of costs, social dysfunction, addiction and its associated crime, and homelessness.

This means that in addition to the disorders serviced by the health care system, the undetected burden on households, large and small businesses, and government agencies may not be fully quantified. Equally, the statistical impact on crime, domestic violence, and family discontinuity ripples outward through society over time.

Many people living with mental illness have been victims of violence or trauma, and undiagnosed, often self-medicate with various substances, such as alcohol, prescription medications, or illicit substances, thereby exacerbating their circumstances, in terms of living arrangements, workplace functionality, or economic disconnection.

Not all mental illnesses are the same, not everyone experiences mental illness in the same way, nor with the same symptoms, and mental illness, for many individuals is a treatable condition, for which they can be cured entirely.

So what is being done?

Australian Rotary Health (ARH), first formed under the Rotary banner to fund research into SIDS (Sudden Infant Death Syndrome) in Australia, has shifted its focus to the most debilitating health crisis in this country: mental illness.

Funding is directed to Prevention of Mental Health Disorders through research grants and scholarships for doctoral and post-doctoral research in leading Australian institutions specialising in this field. To expand the delivery of funding, ARH engages in general health research, choosing a cooperative method of integrating new findings with current key research in children's health, cancer, heart disease, and the like.

The programs for Rural Medicine and Nursing Scholarships, and the Indigenous Scholarships for students to undertake training in key health areas, such as nursing, psychology, and dentistry, contribute to the proliferation of the overall research, and delivery of prevention system of health care.

What is Rotary Doing?

Rotarians around the world fundraise to support research and delivery of improved healthcare for all people, especially in vaccination programs, improved water quality, education, peace and conflict resolution, and economic stability. This local endeavour for Mental Health is no different. This time, the aim is to maximise the effort for awareness and fundraising through a public event: **The Lift the Lid Ball**.

With the generous support from the Brisbane Convention and Exhibition Centre, the occasion will host Rotarians and their guests. Our target this year: \$20,000 donation directly to ARH. Please join us.



LIFT THE LID
on mental illness